# Human Growth and Development and Human Sexuality Curriculum Overview

October 13, 2021

## Current ISBE Standards

The current Illinois Learning Standards for Health are combined with PE

There are 3 standards for Physical Development

- GOAL 19 Movement Skills
- GOAL 20 Physical Fitness
- GOAL 21 Team Building

There are 3 standards for Health

- GOAL 22 Health Promotion, Prevention and Treatment
- GOAL 23 Human Body Systems
- GOAL 24 Communications and Decision Making

Current Human Growth and Development Curriculum comes from Goal 23

## Current ISBE Sexual Education Guidance

Public Act 98-0441 requires schools to include instruction on both abstinence and contraception for the prevention of pregnancy and sexually transmitted diseases, including Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS), if they provide sex education to students. It amends the School Code and the Critical Health Problems and Comprehensive Health Education Act. This instruction must be provided in any of the classes in comprehensive sex education taught in any of grades 6 through 12. Beginning January 1, 2014, the schools must make and implement these changes in the sex education curriculum or course.

\* Schools have flexibility to determine the grade(s) this content is taught.

## CUSD 200 Board Policy and Health Education

#### Policy 6.60

In all schools, health education must be stressed, including: (a) proper nutrition, (b) physical fitness, (c) components necessary to develop a sound mind in a healthy body, (d) dangers and avoidance of abduction, and (e) age-appropriate sexual abuse and assault awareness and prevention education in all grades. The Superintendent shall implement a comprehensive health education program in accordance with State law.

# Current D200 Approved Curriculum

The current approved health curriculum is posted on the district website in the Student Learning section.

**Elementary Curriculum:** Board approved curriculum in 2007. There is no textbook at this level.

Middle School Curriculum: Board approved curriculum and textbook in 2015.

High School Curriculum: A new textbook was adopted in 2015.

A separate document just for K-12 human sexuality content that is also posted on the D200 website in the Student Learning section

## Public Act 102-0522

The Keeping Youth Safe and Healthy Act was signed into law by Governor Pritzker on August 19, 2021.

It requires school districts that deliver comprehensive sexual health education to utilize a standards-based sex education course for grades 6-12.

At the elementary level it creates personal health and safety standards.

## New Topics as Written in Public Act 102-0522

Included in Public Act 102-0522 includes the following additions:

- Consent
- Culturally Appropriate
- Gender Identity
- Healthy Relationships
- Inclusive
- Medically Accurate
- Sexual Violence
- Trauma Informed
- Alignment to the National Sex Education Standards

## Topic Strands in National Sex Education Standards

The National Sex Education Standards are organized into seven content strands

- Consent and Healthy Relationships
- Anatomy and Physiology
- Puberty and Adolescent Sexual Development
- Gender Identity and Expression
- Sexual Orientation and Identity
- Sexual Health
- Interpersonal Violence

## Additional Language Written in Public Act 102-0522

"Schools may choose and adapt the age and developmentally appropriate, medically accurate, complete, culturally appropriate, inclusive, and trauma-informed comprehensive personal health and safety and comprehensive sexual health education curriculum that meets the specific needs of their community."

#### What does this mean?

- School districts are not mandated or required to teach the K-5 personal health and safety standards and/or 6-12 comprehensive sexual education standards.
- If school districts choose to teach this content, it must be aligned to ISBE Standards (not yet released) and the National Sexual Education Standards.
- ISBE will not be providing lessons or resources that districts are required to use.

### Additional Language Written in Public Act 102-0522

"No student shall be required to take or participate in any class or course in comprehensive personal health and safety and comprehensive sexual health education. A student's parent or guardian may opt the student out of comprehensive personal health and safety and comprehensive sexual health education by submitting the request in writing. Refusal to take or participate in such a course or program may not be a reason for disciplinary action, academic penalty, suspension, or expulsion or any other sanction of a student. A school district may not require active parental consent for comprehensive personal health and safety and comprehensive sexual health education."

### Additional Language Written in Public Act 102-0522

"An opportunity shall be afforded to individuals, including parents or guardians, to review the scope and sequence of instructional materials to be used in a class or course under this Section, either electronically or in person. A school district shall annually post, on its Internet website if one exists, which curriculum is used to provide comprehensive personal health and safety and comprehensive sexual health education and the name and contact information, including an email address, of school personnel who can respond to inquiries about instruction and materials."

### **D200 Curriculum Process**

Step 1	The curriculum review process will only begin once ISBE releases new standards. This is supposed to be by August 2022. There are no changes to what is currently taught.
Step 2	A D200 curriculum committee will be formed to review the ISBE standards with the current content to determine if any changes will be made. This process will include administrators, teachers and community members. We will form a sexual education advisory team.
Step 3	All curriculum proposals are brought to Board of Education for a 30 day public review. This public review could also include new resources (if needed). The D200 communication always notifies the community when proposed curriculum and textbooks are on public display as well as posted on the <u>D200 website</u> .
Step 4	After a 30 day public review, the Board of Education votes on approval of the curriculum. All public feedback is shared with the Board of Education in advance.