

Human Growth and Development and Human Sexuality

August 24, 2022

Guiding Questions

1 What is currently taught in CUSD 200?

2 What changes have been made by the Illinois State Board of Education?

3 What is our recommendation for the 2022-23 school year and beyond?

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Current ISBE Standards

The current Illinois Learning Standards for Health are combined with PE

There are 3 standards for Physical Development

- GOAL 19 - Movement Skills
- GOAL 20 - Physical Fitness
- GOAL 21 - Team Building

There are 3 standards for Health

- GOAL 22 - Health Promotion, Prevention and Treatment
- GOAL 23 - Human Body Systems
- GOAL 24 - Communications and Decision Making



Current Human
Growth and
Development
Curriculum comes
from Goal 23

Instructional Unit Mandates

Additional health topics are required by Illinois School Code and Illinois Administrative Code. These include:

- Family life, including sexual abstinence until marriage (opt out allowed)
- Prevention and control of disease, including instruction in grades 6 through 12 on the prevention, transmission, and spread of AIDS (opt out allowed)
- Age-appropriate sexual abuse and assault awareness prevention education in grades PreK through 12 (opt out allowed K-8)

Curriculum Documents

The Student Learning section of the CUSD 200 website includes grade level specific curriculum ([grade 6 example](#)) and an [overview of K-12 Human Growth and Development and Human Sexuality Curriculum Content](#).

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Public Act 102-0522

Public Act 102-0522 required the Illinois State Board of Education (ISBE) to adopt the National Sex Education Standards as the Illinois Learning Standards for sexual health education.

It requires school districts that deliver comprehensive sexual health education to utilize a standards-based sex education course for grades 6-12.

At the elementary level it creates personal health and safety standards.

Updates from ISBE on Sexual Health

An ISBE Board of Education memo dated May 18, 2022 states, “ISBE is required to adopt the national standards, but school districts have the autonomy to determine whether or not they will provide a course in Comprehensive Sexual Health Education.”

On June 14, 2022 ISBE adopted the National Sex Education Standards for personal health and safety and comprehensive sex education.

Public Act 102-0522 also requires ISBE to post resources for districts that choose to teach these standards by August 1, 2022.

This August, ISBE developed non-regulatory guidance in the form of a checklist and a brief webinar as resources for schools.

National Sex Education Standards

The National Sex Education Standards are organized into seven content strands

- Consent and Healthy Relationships
- Anatomy and Physiology
- Puberty and Adolescent Sexual Development
- Gender Identity and Expression
- Sexual Orientation and Identity
- Sexual Health
- Interpersonal Violence

The 76 page document contains significantly new and different content than what is included in our current curriculum and would require significantly more time to teach.

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CUSD 200 Recommendations

Continue to implement our board approved health curriculum aligned to state standards and mandates.

Continue to review any new guidance if provided by ISBE.

Determine if a curriculum committee should convene based on any further guidance provided.

The curriculum committee would need to determine the future of sexual health education in CUSD 200 within the current health instruction, elective options, and graduation requirements.

Questions?